



ROOSTER DOODLES

May 2020

DeColores Emmaus Sisters and Brothers!

I hope this finds you healthy, thriving, and covered by God's grace during this challenging time. I am honored to have been asked to serve as the Community Lay Director on the Board of Directors for the San Diego Emmaus Community, since Mary Beth Klauer's term ended in January of this year. Our deepest appreciation goes out to Mary Beth for her excellent leadership in the past – and continuing into the future as she remains on the Board as our Community Lay Director Emeritus.

Although we cannot join together right now as an Emmaus Community for Gatherings, Walks, or Face-to-Face Encounters – please know that we are still a vibrant and active community and the Board of Directors is continuing to meet (by Zoom!) and plan for our future events. You are all in our prayers and we miss not being able to fellowship together!

Lastly, I want to welcome the following new members of the Board: Pastor Brian Parcel as Assistant Spiritual Director, and Charlene Patterson as Treasurer. Thank you for saying “Yes” to serving in these important roles! We still have several positions open on the Board, so we pray others will step up to fill them: Gatherings Coordinator, Musician, and Assistant Community Lay Director. If you are interested, please contact me at cchappell23@yahoo.com. The full Board Roster for 2020 is on our website.

Note: See several descriptions on page 2.

I continue to look forward to the time when we are together again, in praise, worship and service to our Lord.
Cindy Chappell, Community Lay Director

Reflections – Something to ponder

How much we take for granted! Never in my wandering imagination did I ever anticipate experiencing a pandemic firsthand or even what it might be like. Isolated at home for an undetermined period of time, most businesses are shuttered, we're allowed to venture out only for necessities while covered with protective facial masks to prevent spread of the virus, and no close social contact.

Now, self-quarantine is one thing that is manageable; I can deal with it because my home has always been my sanctuary. The part that I don't like is social distancing ~ restrictions on gathering with others. I miss worshipping with my brothers and sisters in Christ. Online worship just isn't the same for me. I haven't met with my two reunion groups since February and I miss those ladies.

By way of ZOOM, my Life Group is studying “The Relationship Principles of Jesus” by Tom Holladay, Pastor at Saddleback Church. This week the discussion was on Priorities. We, in the Emmaus community, whether through your Walks or F2F Encounters, understand the importance of setting the priorities of RELATIONSHIPS – both with Jesus and with other believers. When we choose relationships as a priority, Jesus smiles. The restrictions we face because of this disease can seem overwhelming, but in light of what some have suffered and lost, we understand and follow the guidelines to stay connected by phone or other means of technology.

For me, I wonder if COVID-19 has put us in a sort of time warp. Has God slowed time and our lifestyle to give each of us a fresh start with more time to evaluate our priorities? More time to determine how best to serve and love others and the Lord? Use it wisely for His glory!

Grace, mercy, peace and love to all! DeColores, Barb Bennett, Recording Secretary



Board of Directors

Officers

Community Lay Director – Cindy Chappell

Assistant Community Lay Director - Vacant

Community Lay Director Emeritus –
Mary Beth Klauer

Spiritual Director – Rev. Phyllis Ashe

Asst. Spiritual Director – Rev. Brian Parcel

Secretary – Barb Bennett

Treasurer – Charlene Patterson

Directors

Agape - Frank Ruiz

Communications - Gary Jackson

Gatherings – Vacant

Groupings – Annette Caldwell

Logistics – Steve Chappell

Musician – Vacant

Registrar – Teresa Vaca

SDEmmausregistrar@att.net

Discovery Rep - Arceel Ruiz

Face2Face – Diana Hall

Other

Team Selection – Scott Caldwell

San Diego Walk to Emmaus

P.O. Box 502385, San Diego, CA 92150-2385

Web Site:

<http://www.sdemmauss.org>

Web Master – Mike Sorce

RD Editors - Mike & Sharon Sorce

NEXT WALK LAY DIRECTORS

Face2Face – Scott Wood

Our purpose remains to renew Christian disciples to be the hands and feet of Christ and thereby strengthen the local church.

Looking for Help in Presenting the Walk to Emmaus (and Face2Face) to someone?

You can show them the Introduction Video at:

<https://www.youtube.com/watch?v=PvS8AJOZs4s>

THOUGHTS

Covid and Covenant

Corona Virus

Terrible scourge and blessing?

God will use for good

(Stephen Chappell, Logistics)

I saw this on the web this morning and wanted to share it with you. It really encourages me:

My child, you are worrying too much. Remember, there is nothing too hard for Me. You may not see it, but everything will work out in the end.

Amen thanking Jesus!

Annette Caldwell

Board Position descriptions

Do you want to help out and join a vibrant, loving group of servants who meet about four times a year?

Gatherings: The Gathering coordinator plans, with the help of a team, four Gatherings a year. Two of these are very easy...being emcee for Fourth Day Gatherings after a Walk or Face to Face.

Music coordinator: Ensures there will be musicians present at various activities. You also communicate with CCLI regarding music presented during the year.

Our San Diego Walk to Emmaus web site contains the latest calendar information. It also has an Upper Room video where you can refer your potential Pilgrim for Walk information and an overview of the program.

Also, "Like" us on Facebook to view Community activities.





FROM THE COMMUNITY LAY DIRECTOR EMERITUS

Reassurance in these Troubled Times

Greetings to all as we are practicing so many new ways of being. Who would have ever thought we would learn such words as “social distancing” or “herd immunity” as we live with this new threat to our way of life? I am hoping and praying that all are well and not afflicted by this new pandemic, that you are staying home, and learning new things.

We want you to know that the Emmaus Board and community is here for you. If you have specific needs or prayer requests, please let us know. There is a contact page on our web site that I monitor and can answer. Also, know that your Board has big plans for 2021 or whenever we are free to congregate! We have not slowed down or set aside plans for the future and are working on ways to join together whenever we are able.

What has God taught you in this time? How is he speaking to you? Are you receiving the blessings of this isolation? I have been more intentional in reading the Word, in spending time with loved ones (even if by phone or zoom) and in learning new skills that I never had time for before. What specific Bible verses are getting you through these times of trouble? We know God is in charge, He has plans for us and His plans are GOOD! Here is one I read recently to remind me that the battle belongs to the Lord! The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged” (Deuteronomy 31:8 NIV).

It is very hard for me to stay at home and not receive hugs and personal contact with friends, but I send this big virtual hug to everyone reading this and I am longing again for the time we can hug in person.

Mary Beth Klauer

Dear Emmaus community:

I pray that you are well and not too fidgety during this time that we are staying at home. With all this time on my hands, I sometimes ask why I haven’t accomplished more, but I will say that having more solitude is a blessing and I have been reflecting upon my role in this big expanse we call the universe and the mighty God that created it.

In studying scripture during this pandemic there are many passages that I can reflect upon. One scripture I’ve often referred to, and is appropriate during this time, is Mt 6:25-34 where Jesus tells us not to worry. He starts out by saying (v. 25,26) Therefore I tell you, do not worry about your life, what you will eat or what you will drink,[c] or about your body, what you will wear. Is not life more than food, and the body more than clothing? 26 Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

So rather than worry about my situation I try to look for the good things that have been occurring. My wife and I take a walk every day (with 2m social distancing of course). We’ve talked to more neighbors in the last few weeks than we have for years because rather than waving to each other from cars, we see and talk to each other while working in our yards or walking. We’ve also reached out via zoom or phone to many people who are struggling, both physically and emotionally. Like everyone else, we didn’t want this pandemic, but in the end, we pray that God will use it for the best, as he did for Job’s trials described in the Old Testament.

deColores

Gary Jackson, E99



40 For Emmaus

The worldwide decisions to postpone Walks and Emmaus programs is a situation none of us could have ever imagined. The impact on the Upper Room and Emmaus ministries headquartered in Nashville will be significant as their operations depend on Pilgrim fees and contributions from Emmaus communities, which are not being received at this time. The international program of Emmaus ministries headquartered in Nashville provide the program materials and on-going support for our local Emmaus communities.

You can help! Although many folks are facing their own financial crisis, many of us are not being impacted and are able to send in a donation to the Emmaus Ministries. They have an on-going program called “40 for Emmaus” in which folks are encouraged to send in \$40 to help keep Emmaus ministries operating. It can be an annual giving or a one-time gift.

This plan is based on the amazing numbers of people who have experienced the life-changing grace of God through Emmaus ministries over the last 40 years. Over one million people have experienced God’s agape love through The Walk to Emmaus alone. If only 10% of these people donated \$40, it would eliminate their budget shortfall.

If you are able, they need your help. Please go to emmausgift.org/40-for-emmaus for more information. With your help, and with your donations to these ministries that have changed all our lives, we will continue to change lives even beyond the next 40 years! Thank you for your consideration.

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made know to God. Philippians 5:3

De Colores Everyone,

These are such strange times we are living in, aren't they? I want to encourage all of you to remain engaged with those around you via any means possible, but to take care of YOU. I'm so grateful for each of you and hope to see you at an upcoming Emmaus Gathering.

Love to you,
Charlene Patterson,
Board Treasurer





De Colores.

I pray this finds you well.

As you may have heard, after a wonderful first weekend of Face to Face #7, we had to cancel the second weekend because of COVID-19. We had assembled a strong team and we had a great group of Pilgrims in attendance. Sadly, inherently, our Pilgrims and team are in the high risk group. We made the responsible call and cancelled the day before the second weekend was to begin. Since I picked the dates, I have had those thoughts of “If I had only scheduled this for one week earlier...”

One of the most useful things I learned during my MBA program (back in the dark ages) was, when faced with a problem, to always ask, “What do I know that applies here?” Here’s what I know.

God has promised to work all things together for good for those who love him and are called according to his purposes (Rom. 8:28). God knows the plans he has for us which are for our benefit (Jer. 29:11).

God is omnipotent (all powerful), omniscient (all knowing), and omnipresent (always with us). He will complete the good work he has begun in each of us (Phil. 1:6).

So, here’s our current best thinking on what happens for F2F-7. Once we get past this COVID-19 business, we will pick new dates. We will start again with as many of the team and Pilgrims as are available. For continuity sake, we will repeat the first weekend.

Perhaps one of the ways God may use this is to call some of the would-be Pilgrims who were not able to make the original dates.

We will keep the community posted when we have new dates so you can spread the word.

Blessings, Scott Wood , Lay Director F2F-7

Greetings, Dear Brothers and Sisters in Christ!

I pray that you are all well and staying safe. As we continue to shelter in place, there are ways that we can stay connected as a Christian community. When you participated in your Walk to Emmaus weekend or your Face to Face Encounter, you were introduced to the practice of participating in a reunion group. Hopefully, you were able to connect with a reunion group in your area. It is a great way to bond with other Christians, to pray together and to hold each other accountable.

One of the new ways people are meeting is through the ZOOM Meeting application. Our grouping has learned to hold our Saturday morning meetings through this app. It’s not as good as being together in person, but we can see each other, hear the joy and concern in each other’s voices and share our closest to Christ moments. Please reach out to others who have experience using the app to begin holding your own online video meetings.

If you are not currently in a reunion group, please consider joining one of the many groups that already exist in the San Diego area. There is a list of groups here and on the San Diego Emmaus website to get you started.

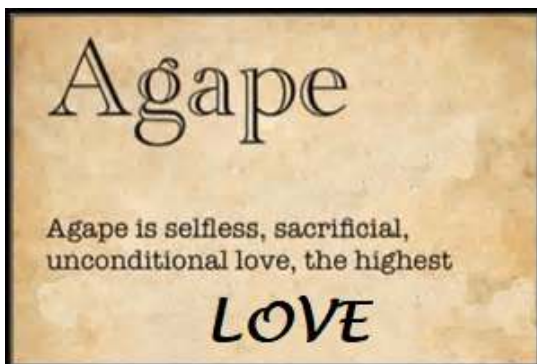
De Colores, Teresa Vaca, SD Emmaus Registrar



Reflection

How has your time of social distancing, insolation, whatever you call it been? For me, the first two weeks were really hard. My depression came on and I distanced from everything and everyone. The second weekend of Face 2 Face had been canceled. There was no church - that is my family; no grouping - those are my sisters; my daughter and son in law were leaving in their RV for who knows where or how long they would be gone. And for the first time in 60 years I had no dog (If you are a dog or cat person you get this). I was alone in my house with my own thoughts and getting more depressed by the day, watching the news (that will do it to you). Luckily one of my sisters called to check in and I shared how I was. I am always the caregiver, not the care receiver, but I needed help. Her first suggestion was get a dog, the one thing I had control over. I went to Frosted Faces, a rescue for senior dogs, and brought home Mrs. Claus (who is now Honey), a shepherd mix. I was giving her a second chance. Little did I realize that is what she is doing for me. My world started to brighten I went back to my daily devotions and reached out for help to my sisters (our grouping has been meeting every Sat. for 9 years). We started church services online, hymn sings and Bible studies with Zoom. My Genesis CBS class met on Zoom and my study group is doing the Relationship Principles of Jesus (highly recommend) by Tom Holladay, teaching Pastor at Saddleback Church. We even had an Emmaus Board meeting on Zoom where we prayed for you, our community. One small group I am in found a way to social distance and make 100 lunches for Interfaith. The sewing group made over 1000 masks for Palomar hospital and members of our church. I am part of a group calling our seniors just to check on them and let them know they are not forgotten. This is a huge blessing, hearing their stories and sharing a prayer. Out of the darkness God has given me Life, Light and His ever-loving presence. Where have you seen God at work in you and those around you? "Find rest, O my soul. In God alone; my hope comes from him. He alone is my rock and my salvation; he is my fortress, I will not be shaken. Psalm 62: 5-6

In His Love and Grace
Diana Hall





Are YOU Part of a Reunion Group?

As I sit waiting for this coronavirus lockdown to be lifted, I'm thinking of my Walk (E-100) and what a beautiful experience it was. Even when times are tough, God is with us. HE has our best interest in mind.

As the grouping coordinator, I wanted to let you know that if there's anyone out there that needs to connect with a grouping that already exists, or would like to start their own, maybe virtual or through Zoom, just let me know and I can help get you connected. My email address is ARC92117@yahoo.com.

Annette Caldwell



San Diego Walk to Emmaus Reunion Groups - REV. May 2020

Area	Contact	Day/Time	Location
RB/Poway			
	Steve Chappell (men)	2nd&4th Sat/8:00-9:30 am	RBCPC
FIG	Iva Pace (women)	2nd Friday 8:30-10:00 am	Iva's home
Poway Grouping	Joyce Floyd (women)	Saturday 9:00-10:30 am	Panera Carmel Mtn.
Clairemont			
	Scott Caldwell (men)	1st&3rd Sat/8:00-9:30 am	Scott's home
	Annette Caldwell (women)	1st&3rd Sat/8:00-9:30 am	Panera Balboa/Genesee
Mission Valley			
	Mary Beth Klauer (men/women)	Wed/8:30 am	FUMC-MV
Chula Vista			
	Karen Higdon (women)	2nd Thurs 2:00 pm	various homes
Coronado			
	Tom Lowe (men)	Tues/12:00-1:00 pm	St Pauls UMC
Crown Jewels	Charlene Patterson (women)	1st&3rd Sat/8:00-9:00 am	St Pauls UMC
	Matt Pontes	Thurs 7:00-8:00 pm	St Pauls UMC
San Diego			
	Tracy Dominique	monthly (day varies)	various locations





San Diego Walk to Emmaus

P.O. Box 502385
San Diego, CA 92150-2385

May, 2020



CALENDAR OF EVENTS

There are no events scheduled

We are working on a virtual gathering sometime this summer (date not determined).

